



By: Christina Coats

POW! BAM! HI-YA! July is Park and Recreation Month and this year's theme is super heroes! Be a local super hero and celebrate with the City of Eagle Parks and Recreation Department. The biggest way to celebrate with us is by participating at Eagle Fun Days on July 8th and 9th, 2016! On Friday, July 8th join the super heroes of Parks and Recreation at Eagle City Hall from 6-9pm for Family Fun Night. There will be bounce houses, food trucks, sports activities, cornhole, police & fire obstacle courses, music and more! Then, on Saturday July 9th, celebrate Eagle as the city hosts a fun run, parade, Saturday Market, live music, a custom car show, cornhole tournament and so much more! Since it is Parks and Recreation Month, be sure to appreciate the events at Heritage Park, a local park located in the heart of downtown where most activities will be centered around. Find your super powers by visiting a park, registering for a recreation program, or any of these activities any time in July.

Ways to celebrate Park & Recreation Month:

- * **Visit your local park**
- * **Register for one of our Recreation Programs at www.cityofeagle.org/recreation**
- * **Take pictures at your favorite park and use #EagleisHOME #SuperJuly. Don't forget to tag Eagle Parks and Recreation!**
- * **Visit the new bike skills park and adaptive cycling trail and Ada-Eagle Bike Park**
- * **Take a walk, run, or ride on the Greenbelt**
- * **Take a dip in the Boise River**
- * **Check out the City of Eagle Parks and Recreation website for park locations, upcoming events, recreation programs, and additional information**

The mission of Eagle Parks and Recreation is to provide and create exceptional opportunities for play which improves the livability and quality of life for people while fostering respect for the natural and cultural environments of Eagle. With that in mind, we strive to continue and create recreation programs, special events, and other means to keep Eagle residents active and engaged in the community they live in. The City of Eagle is in the process of updating the Comprehensive Plan in efforts make Eagle the best place to live, work, and play! Use #EagleisHOME to show us what makes Eagle great! For more information about parks and recreation in Eagle, contact the Parks and Recreation Department at (208)489-8763 or parks@cityofeagle.org. Don't forget to "enjoy Eagle everyday"!